



ST. THERESITA'S ACADEMY
#165 Rizal St. Silay City
Tel. No. 495-1441

October 1, 2026

Circular Letter No. 4

Dear Students, Faculty, Staff, Parents, and Guardians,

Core Value: Prayer and Faith

As we welcome the month of October, we are reminded of our Core Value for the month: Prayer and Faith. Prayer is our way of talking to God. Through prayer, we thank Him for His blessings, ask for His guidance, and seek His help when we face difficulties. Faith means trusting God and believing in His love and goodness, even when we cannot see what lies ahead.

The Bible teaches us to “pray without ceasing” (1 Thessalonians 5:17). This reminds us that prayer should not only be something we do when we have problems. We are called to make prayer a part of our daily lives. We pray when we are happy, thankful, worried, or in need of guidance. Jesus also teaches us to trust in God and not be afraid. In Matthew 17:20, He reminds us that even faith as small as a mustard seed can make a difference. This teaches us that we do not need to have all the answers. What is important is that we continue to trust God and place our lives in His hands.

For our students, you can practice prayer and faith by praying the rosary, praying before classes, thanking God for your blessings, asking for wisdom in your studies, and trusting Him when you face difficulties. Faith also calls you to follow Jesus' teachings by being kind, honest, respectful, forgiving, and helpful to others.

For our parents, Prayer and Faith can be lived by praying with your children and guiding them to know and love God. Parents are also called to be good examples of Christian values at home. By showing patience, forgiveness, kindness, and trust in God, you help your children grow not only in knowledge but also in faith.

As a school community, may we remember God's invitation to pray, trust, and live according to His teachings. May our faith be seen not only in our prayers but also in the way we treat others and make our daily choices. May prayer strengthen our relationship with God, and may faith give us the courage to face each day with hope.

We would like to extend our congratulations to all our students who participated in the Intramurals. We are proud of everyone who showed their skills, teamwork, sportsmanship, and determination throughout the different games and activities. We would also like to express our sincere gratitude to all our parents and guardians for their support. We truly appreciate your presence, encouragement, and patience, especially when you stayed until late hours to watch and support your children during the evening games. Your time and effort meant so much to them.

The STA community would also like to extend our congratulations to all our students and their respective coaches who participated in the Unit Meet, especially to those who brought home awards and honors. We are truly proud of the hard work, dedication, and sportsmanship you showed throughout the games. Whether you won or simply gave your best, your effort and determination are already something to be proud of.

Volleyball Boys- Champion
Volleyball Girls - Champion
Basketball - Bronze
Billiards 9 Ball (9 Ball) - Bronze (Danica Etabag)

Chess Board 1 Boys- Silver (Ennairde Gabryel S. Gacuma)
 Chess Board 2 Boys- Bronze (Rohann Dominique V. Sinamay)
 Chess Board 1 Girls - Bronze (Maui Faith Consolado)
 Badminton Boys (Doubles) - Bronze (Collin Javing & Micey Magbanua)
 Badminton Girls (Single B) - (Silver) Angela Morales
 Badminton Girls (Doubles) - Silver (Naomie De Asis & Micey Singular)

Likewise, congratulations to all our students who participated in the 2026 Division Schools Press Conference, as well as those who earned awards and recognition. We are proud of the courage, and dedication you showed as you represented our school.

Column Writing – First Place (Althea Joerielle Caluyo)
 Photojournalism Filipino – Second Place (April Rose Benecio)
 Feature Writing – Third Place (Mary Vic Gregorio)
 Copyreading and Headline Writing – Third Place (Karen Ante)
 Science and Technology Writing – Third Place (Ennairde Gabryel Gacuma)
 Photojournalism English – Third Place (Esha Rayne Parreño)
 News Writing – Fourth Place (Kiah Chrishem Mendoza)

Lastly, we would also like to extend our appreciation to Dr. Krisna Barnuevo, one of our dear parents and alumna, for generously sharing her time and knowledge as our resource speaker during the Suicide Prevention Month Talk held on September 9, 2026, for our high school students. Her meaningful insights helped our students better understand the importance of caring for themselves and others.

In October, please take note of the following activities:

DATE/ TIME	ACTIVITY	VENUE	IN-CHARGE	INVOLVED/ ATTENDANCE	ATTIRE/ NOTE
October 1, 2026	7:00 AM – Assembly time	Route of the Parade: STA-Rizal St.-Zamora St.-Gomez St. - STA back gate	STA Admin	Students	For the Parade: Assembly Place: Open Court Attire: Academy Shirt and PE Pants; may bring a cap or umbrella
Opening of The Academy Days	7:30 AM - Parade		Academy Days Committee	Parents	
	Welcoming of Participants			Faculty and Staff	
	Zumba			Order of the Parade	
	Official Declaration		CLF Department	Marshall	
	Opening of Booths			Drumbeaters	Decent civilian attire for parents (Pls. Observe the school’s dress code policy.)
	9:30 AM - Mass in Honor of St. Therese			Admin and SSJ Sisters	
	1:00 PM - Volleyball Game	Joseph Court	Mr. Marvin Saulong	Grade 4 pupils	For the safety of all students, all vehicles participating in the parade shall be positioned at the back.
	Basketball Game		Ms. Joesil Caluyo	Grade 4 parents	
	3:00 PM – Field Demo Run-Through			Grade 5 pupils	
				Grade 5 parents	
				Grade 6 pupils	
				Grade 6 parents	
				Grade 7 students	
				Grade 7 parents	
				Grade 8 students	
				Grade 8 parents	
				Grade 9 students	For the offering: Elem & JHS: canned goods SHS: coffee or milo sachet
				Grade 9 parents	
				Grade 10 students	
				Grade 10 parents	Others: Enjoy the Food Festival. Twenty-one food tenants will be in school to offer a wide selection of food and drinks for purchase.
				Grade 11 students	
				Grade 11 parents	
				Grade 12 students	
				Grade 12 parents	
				STA Staff	
				SBSTC	
				Car Pool	
				Grade 1	
				Grade 2	
				Grade 3	

				STA Van with music	
October 2, 2026 Students' Day	7:30 AM–Morning Assembly Zumba Parlor Games Volleyball Games 2:30 PM - Theresians Got Talent	Open Court St. Joseph Court	Ms. Joesil Caluyo Mr. Marvin Saulong SAO Officers	All Students	Decent Civilian Attire
October 3, 2026 Alumni Day	7:00 AM – Assembly & Registration 8:00 AM - Motorcade 9:00 AM - Introduction of Batches 10:00 AM – Thanksgiving Mass 11:00 AM – Solidarity Lunch 1:00 PM - Grand Raffle/Bingo 2:00 PM – Coachella Dance Concert 6:00 PM - Bonfire	Open Court St. Joseph Court	Batch 2001	Alumni	Students are invited to join in the evening activity. Parental consent is required.
October 4, 2026 Field Demonstration	1:30 PM - Assembly Time 3:00 PM - Field Demonstration	Open Court	Ms. Joesil Caluyo Advisers MAPEH Teachers	Grade 1 to Grade 12	Students will wear their field demo costumes. Parents are invited to watch. Friendly Reminder: We respectfully ask our parents, guardians, and guests to observe the school's dress code and practice CLAYGO (Clean As You Go). Please wear appropriate clothing and dispose your trash properly.
October 5, 2026	Rest Day				
October 7-9, 2026	First Summative Tests for Term 2	Respective Classrooms	Respective Proctors	Grade 1 to Grade 12	School uniform Complete PE uniform for Friday
October 16, 2026 10:30–11:30 High School 1:00–2:00 Elementary	Club Meetings	Respective venues	Respective club moderators	Paying club members only	PE pants and shoes and academy shirt
October 17, 2026 8:00AM – 4:00PM	Grade 7 Recollection	Grade 12- Bethel Room Bonifacia Hall	Sr. Rossel Ramirez, ssj Grade 7 advisers	All Grade 7 students	Wear decent civilian attire
October 23, 2026 10:30–11:30 High School 1:00 – 2:00 – Elementary	Club Meetings	Respective venues	Respective club moderators	Paying and Non-Paying club members	Complete PE uniform

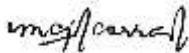
October 24, 2026 8:00AM – 4:00PM	Grade 8 Recollection	Grade 12- Bethel Room Bonifacia Hall	Sr. Rossel Ramirez, ssj Grade 8 advisers	All Grade 8 students	Wear decent civilian attire
October 29, 2026	AM - Living Rosary PM – United Nations Celebration Exhibit Quiz Bee Poster Making	St. Joseph Covered Court St. Joseph Covered Court Designated places	Sr. Rossel Ramirez, ssj CLF Department Ms. Joesil Caluyo Araling Panlipunan/ Social Science Teachers	Grades 1 to 12 students Faculty and Staff Grades 1 to 12 students	School Uniform Details of the activity will be communicated to the students through their respective Aral Pan/ Social Science teachers and advisers.

Please be informed that Summative Test No. 2 for Term 2 will be moved to November 4, 6, and 9. This adjustment is being made to allow sufficient coverage of the lessons, as the original schedule of October 27–29 would result in less coverage.

In the event of additional activities for the month, communication will be facilitated by the advisers.

Thank you.

Sincerely,



Mary Chris Joann D. Corral, PhD
Directress-Principal