



ST. THERESITA’S ACADEMY
#165 Rizal St. Silay City
Tel. No. 495-1441

September 1, 2026

Circular Letter No. 3

Dear Students, Faculty, Staff, Parents, and Guardians,

Core Value: Honesty and Excellence

Welcome to September! As we continue our school year together, we want to focus our hearts and minds on two very important Core Values this month: Honesty and Excellence. Honesty means telling the truth, being fair, and doing the right thing, even when no one is watching. Excellence means doing your very best. It does not mean you have to be perfect, but it simply means you work hard and try to improve every day.

These values are deeply rooted in the Bible. Proverbs 12:22 says, "The Lord delights in people who are trustworthy." This means God is happy when we tell the truth and live fairly. To teach us about excellence, Colossians 3:23 reminds us, "Whatever you do, work at it with all your heart, as working for the Lord." When we do our best, we thank God for the special gifts and talents He has given us.

For students, you have already applied these values during your recent exams. You practiced honesty by answering your tests fairly, without cheating, and you showed excellence by preparing well and doing your absolute best. Now that your exams are finished, you can continue this honesty by being completely truthful with your parents about your grades, whatever they may be.

Parents also play a wonderful role in guiding our students at home. You can help by letting your children see you being truthful and fair in your daily life, and by praising them when they tell the truth, especially when it is hard for them to do so. To encourage excellence, please support your child's learning at home and celebrate their honest effort and hard work, not just their test scores. Remind them that God is happy when they simply do their honest best.

I would like to remind the parents that there are still Fetcher's Passes waiting to be claimed at the Accounting Office. Please claim them as soon as possible to ensure smooth pick-ups for your children.

For the safety and security of all our students, please remember our strict school policy: fetchers may not enter the school premises unless they are wearing their official Fetcher's Pass. If the fetchers do not have the pass with them, they must present a valid ID to the guards at the gate in exchange for a temporary Visitor's Pass before entering.

Likewise, I would like to inform all parents and students that the official wearing of school uniforms will begin this September. We look forward to seeing our students looking neat and united as a school community. If your child does not have the uniform yet, please inform the class adviser immediately so that we are aware and can make a proper note of it.

In September, please take note of the following activities:

DATE/ TIME	ACTIVITY	VENUE	IN-CHARGE	INVOLVED/ ATTENDANCE	ATTIRE/ NOTE
September 1. 2026	Continuation of the Intramurals	Stage/ Open Court	MAPEH teachers	Grade 1 to Grade 12	Sports Attire

	Awarding		Intramurals committee Mr. Marvin Saulong Ms. Joesil Caluyo		
September 2, 2026 9:00 AM	CPR Day	St. Joseph Covered Court	Ms. Doreen Ilisan Red Cross	Grade 7 to Grade 12	School Uniform
September 2-4, 2026	Special Exam/ Written Works Rechecking of Exam Papers Completion of Performance Tasks	Assigned venue Respective classrooms	Ms. Stella Morales Subject teachers	Grade 1 to Grade 12	School uniform
September 4, 2026 10:30–11:30 High School 1:00 – 2:00 - Elementary	Club Meetings	Respective venues	Respective club moderators	Paying and Non-paying club members	Complete PE Uniform
September 2-5, 2026	Unit Meet	Assigned venues	Department of Education Mr. Marvin Saulong Ms. Joesil Caluyo	Unit Meet players	Sports attire (players)
September 5, 2026 8:00 AM to 4:00 PM (tentative)	Grade 9 Recollection	Damascus Room	Invited Facilitator Ms. Angie Francisco Grade 9 advisers	All Grade 9 students	Decent civilian attire Please come on time
September 7, 2027	Career Day - Parade (Future Career Attire) - Career Development Activities - Career Talk: "Exploring Possibilities, Building Confidence, and Preparing for a Purpose-Driven Future" - SHS Strand Booths/Exhibit	Open Court Respective classrooms St. Joseph Covered Court	Ms. Joesil Caluyo Ms. Estella Balasan Ms. Stella Morales Advisers SHS Department	Grade 1 to Grade 12 Career Talk – Grades 10 to 12	Wear your future career attire School Uniform after the activity
September 8, 2026 8:00 AM	Monthly Mass	St. Joseph Covered Court	CLF Department Sr. Rossel Ramirez, ssj Grade 10 students and advisers	Grade 1 to Grade 12	School uniform
September 8, 2026 9:30 AM	Men’s World Mental Health	St. Joseph Covered Court	Invited speaker Ms. Joesil Caluyo	Grades 7 to 12 Male Students	School uniform Attendance is a must.

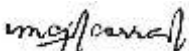
			Ms. Estella Balasan Ms. Stella Morales		Reflection questions about the talk will be given and integrated into the CLF/Values Education subject. No classes in the afternoon.
September 9, 2026 9:00 AM	Suicide Prevention Month	St. Joseph Covered Court	Invited speaker Ms. Joesil Caluyo Ms. Estella Balasan Ms. Stella Morales	Grades 7 to 12 students	School uniform Attendance is a must. Reflection questions about the talk will be given and integrated into the CLF/Values Education subject. No classes in the afternoon.
September 10-15, 2026	Wellness Break for Students			Grade 1 to Grade 12	Use this Wellness Break to rest, recharge, and take care of your well-being. Spend meaningful time with your loved ones and return to school refreshed and ready to learn. Enjoy your break!
September 12, 2026 8:30 AM	Parents' Meeting Online Cards Out	Respective venues	Advisers Homeroom Officers	All parents	Please come on time Observe proper dress code The activities for the Academy Days will be discussed.
September 16, 2026	Start of Term 2 Classes Resume				
September 18, 2026 7:30 AM	Awarding of Academic Excellence Awardees	St. Joseph Court	Ms. Judelyn Alberca Ms. Arlene May Sigaton Dr. Mary Chris Joann Corral	Grade 2 to Grade 12 Awardees	Complete PE Uniform
September 18, 2026 10:30–11:30 High School 1:00 – 2:00 - Elementary	Club Meetings	Respective venues	Respective club moderators	Paying club members only	Complete PE Uniform
September 19, 2026 7:30-9:30 – Gr. 1 to Gr. 6 9:30-11:30 – Gr. 7 to Gr. 10	Field Demo Practices	St. Joseph Covered Court Open Court	MAPEH Teachers Advisers	Grade 1 to Grade 12	Decent civilian attire Bring extra shirts, face towels, and

1:30-3:30 – Gr.11 to Gr. 12		Grass Area			water for the practice We kindly request that parents/ guardians stay in the fetchers’ area during the practices.
September 25, 2026 10:30–11:30 High School 1:00 – 2:00 – Elementary	Club Meetings	Respective venues	Respective club moderators	Paying and Non-paying club members	Complete PE Uniform
September 26, 2026 7:30-9:30 – Gr. 1 to Gr. 6 9:30-11:30 – Gr. 7 to Gr. 10 1:30-3:30 – Gr.11 to Gr. 12	Field Demo Practices	St. Joseph Covered Court Open Court Grass Area	MAPEH Teachers Advisers	Grade 1 to Grade 12	Decent civilian attire Bring extra shirts, face towels, and water for the practice. We kindly request that parents/guardians stay in the fetchers’ area during the practices.
September 28-30, 2025 7:20 AM	Triduum for St. Therese	Stage/ Open Court	CLF Department Sr. Rossel Ramirez, ssj	Grade 1 to Grade 12	School Uniform
September 28-29, 2026	AM – Shortened Classes PM - Field Demo Practices/ Run-Through	STA Open Court	Ms. Joesil Caluyo MAPEH Teachers Advisers	Grade 1 to Grade 12	School Uniform Bring extra shirts, face towels, and water for the practice
September 30, 2025	AM - Decorating of Booths; Practices PM - Field Demo Run-Through	Assigned Area STA Open Court	Advisers Ms. Joesil Caluyo MAPEH Teachers Advisers	Grades 7 to 12 Grade 1 to Grade 12	School Uniform Bring extra shirts, face towels, and water for the practice

In the event of additional activities for the month, communication will be facilitated by the advisers.

Thank you.

Sincerely,



Mary Chris Joann D. Corral, PhD
Directress-Principal